Detection of *Listeria monocytogenes* and *Salmonella* spp. in plant-based foods

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Introduction

As commercial markets grow for plant-based substitutes for foods such as meat and dairy products, producers need reliable methods for the detection of *Listeria* monocytogenes and Salmonella spp. with rapid and accurate results. In this study, iQ-Check Listeria monocytogenes II and iQ-Check Salmonella II methods were tested and compared to the United States Food and Drug Administration's Bacteriological Analytical Manual (FDA BAM) reference method.

Methods

A plant-based alternative to ground meat was inoculated with *L. monocytogenes* ATCC 13932 or S. Typhimurium ATCC 14028 from lyophilized pellets, at high and fractional inoculum levels or left uninoculated. After a food stabilization period, 25 g test portions (20 fractional, 5 high, and 5 uninoculated) were enriched at 1:10 in Listeria Special Broth (LSB, Bio-Rad Laboratories, catalog #3564703) for *L. monocytogenes* at 30°C for 24 hr or Buffered Peptone Water Standard (BPW, Bio-Rad Laboratories, catalog #12013260) for Salmonella at 37°C for 20 hr while FDA BAM reference samples (20 fractional, 5 high, and 5 uninoculated at 25 g, as well as 5 g, 10 g, and 50 g portions for MPNs) were enriched in Buffered Listeria Enrichment Broth (BLEB, Hardy Diagnostics for L. monocytogenes) or Lactose Broth (LB, Hardy Diagnostics) for Salmonella using FDA BAM protocols. Test method samples were analyzed using iQ-Check PCR kits and all samples were culture confirmed using FDA BAM protocols (Fig.1 and 2).



Fig. 1. FDA BAM protocol for detection of Listeria monocytogenes in foods compared with iQ-Check Listeria monocytogenes II real-time PCR Kit protocol.



Results

PCR results for L. monocytogenes (Table 1) and Salmonella (Table 2) test method samples were identical to culture confirmation. When compared to the reference methods, the POD was found to be identical for the Salmonella test method and statistically equivalent for the L. monocytogenes test method.





Table 1. iQ-Check method confirmed results compared to reference method (top) and iQ-Check method presumptive results compared to iQ-Check confirmed results (bottom) for Listeria monocytogenes.

| /latrix | Spike level ^a | NÞ | iQ-Check Method Confirmed | | | Refer | ence Method (| | 059/ Cli | |
|-------------------------|--------------------------|----|-----------------------------|--------------------------------|------------|---------------------------|-------------------------------|------------|-------------------|-------------|
| | | | Xc | POD _c ^d | 95% CI | Xc | POD _r ^e | 95% CI | uPOD ⁹ | 95% CI |
| Ground Meat Alternative | 0.0 | 5 | 0 | 0.00 | 0.00, 0.43 | 0 | 0.00 | 0.00, 0.43 | 0.00 | -0.43, 0.43 |
| | 0.025 (0.016, 0.040) | 20 | 12 | 0.60 | 0.39, 0.78 | 6 | 0.30 | 0.15, 0.52 | 0.30 | -0.01, 0.54 |
| | 0.14 (0.067, 0.28) | 5 | 5 | 1.00 | 0.57, 1.00 | 5 | 1.00 | 0.57, 1.00 | 0.00 | -0.43, 0.43 |
| | Spike level ^a | NÞ | iQ-Check Method Presumptive | | | iQ-Check Method Confirmed | | | | 050/ 01 |
| | | | Xc | POD _{cp} ^f | 95% CI | Xc | POD _c ^d | 95% CI | | 95% CI |
| | 0.0 | 5 | 0 | 0.00 | 0.00, 0.43 | 0 | 0.00 | 0.00, 0.43 | 0.00 | -0.43, 0.43 |
| | 0.025 (0.016, 0.040) | 20 | 12 | 0.60 | 0.39, 0.78 | 12 | 0.60 | 0.39, 0.78 | 0.00 | -0.28, 0,28 |
| - | 0.14 (0.067, 0.28) | 5 | 5 | 1.00 | 0.57, 1.00 | 5 | 1.00 | 0.57, 1.00 | 0.00 | -0.43, 0.43 |

Table 2. iQ-Check method confirmed results compared to reference method (top) and iQ-Check method presumptive results compared to iQ-Check method confirmed results (bottom) for Salmonella.

| atrix | Spike level ^a | N⁵ | iQ-Check Method Confirmed | | | Refer | ence Method (| | 059/ 01 | |
|-------------------------|--------------------------|----|-----------------------------|--------------------------------|------------|---------------------------|-------------------------------|------------|---------|-------------|
| | | | Xc | POD _c ^d | 95% CI | Xc | POD _r ^e | 95% CI | arod | 95% CP |
| Ground Meat Alternative | 0.0 | 5 | 0 | 0.00 | 0.00, 0.43 | 0 | 0.00 | 0.00, 0.43 | 0.00 | -0.43, 0.43 |
| | 0.025 (0.016, 0.040) | 20 | 12 | 0.60 | 0.39, 0.78 | 6 | 0.30 | 0.15, 0.52 | 0.30 | -0.01, 0.54 |
| | 0.14 (0.067, 0.28) | 5 | 5 | 1.00 | 0.57, 1.00 | 5 | 1.00 | 0.57, 1.00 | 0.00 | -0.43, 0.43 |
| | Spike level ^a | NÞ | iQ-Check Method Presumptive | | | iQ-Check Method Confirmed | | | | |
| | | | Xc | POD _{cp} ^f | 95% CI | Xc | POD _c ^d | 95% CI | | 95% CI |
| | 0.0 | 5 | 0 | 0.00 | 0.00, 0.43 | 0 | 0.00 | 0.00, 0.43 | 0.00 | -0.43, 0.43 |
| | 0.025 (0.016, 0.040) | 20 | 12 | 0.60 | 0.39, 0.78 | 12 | 0.60 | 0.39, 0.78 | 0.00 | -0.28, 0,28 |
| | 0.14 (0.067, 0.28) | 5 | 5 | 1.00 | 0.57, 1.00 | 5 | 1.00 | 0.57, 1.00 | 0.00 | -0.43, 0.43 |

^a Spike Level in cfu/g, calculated using MPN including 95% Cl

 $^{b}N = Number of test portions$ ^cx = Number of positive test portions

^d POD₂ = Candidate method confirmed positives divided by N

^ePOD = Reference method confirmed positives divided by N

^fPOD₋₋ = Candidate method presumptive positives divided by N

⁹ dPOD = Difference between the candidate method confirmed positives and reference method confirmed positives POD

^h dPOD₂ = Difference between the candidate method presumpitve positives and candidate method confirmed positives POD 195% CI = If the confidence interval of the dPOD includes zero, then the difference between the methods is not significant.

Significance

The results of this study demonstrated that iQ-Check real-time PCR methods are less time-consuming and perform equivalent to the FDA BAM reference method for the detection of *L. monocytogenes* and Salmonella in plant-based ground meat substitutes. These data have been submitted to AOAC for a method extension of validation.

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